



Ruffner Mountain Nature Preserve
Birmingham, Alabama
October 27-29, 2017

CONFERENCE SCHEDULE

FRIDAY, OCTOBER 27

- 12:30 pm WELCOME**
12:45 pm Patient Assessment
1:15 pm Wound Management
2:15 pm Break
2:30 pm Medical Problems (Small Group Sessions)
3:30 pm Break to Outdoors
3:45 pm Hands on Teaching
- Patient Assessment
 - Spine stabilization, moving injured patient
 - Splinting & Dislocations
 - Litters and Carries
- 7:00 pm End of Day**

SATURDAY, OCTOBER 28

- 8:15 am** Submersion
8:45 am Dive Medicine
9:45 am Break
10:00 am Animal Bites & Stings
11:00 am Lightning
11:30 am Infectious Disease (Small groups)
12:30 pm Break for Lunch
1:45 pm HEENTS
2:45 pm Wilderness Victim Scenarios (Outdoors)
6:00 pm End of Day

SUNDAY, OCTOBER 29

- 8:15 am** Altitude Illness
8:45 am Hyperthermia, Hypothermia & Frostbite
9:45 am Break
10:00 am Avalanche
10:15 am Water Treatment
10:30 am Submersion
11:00 am Medical Kits
11:30 am Break for Lunch
1:00 pm Practical Testing Scenarios
4:30 pm AWLS Written Exam
5:30 pm End of Course



Course Description

“Learn the skills to prevent medical problems; reduce suffering and save lives in non-traditional medical settings”

- Earn your Advanced Wilderness Life Support certification
- Learn the latest practical hands-on wilderness medicine skills for patient assessment, treatment and evacuation protocols
- Practice your skills in live scenarios
- Taught by leading experts
- Obtain up to 20.5 hours of category 1 CME

Course Objectives

- *To provide a practical foundation in Wilderness Medicine for medical professionals*
- *To teach patient assessment and treatment guidelines for life support until definitive care or evacuation is available*
- *To train the provider in methods for managing medical and trauma emergencies and urgencies in the wilderness when evacuation is unavailable or unnecessary.*
- *To teach techniques and guidelines for evacuation*

Students will be divided into groups for the hands-on teaching sessions.

You must hold a medical license (MD, PhD, Nurse, PA, Paramedic, EMT, second year or later student) to certify in AWLS. We also require that you have completed a BLS or CPR certification at some time in the past.

The Wilderness Medical Society designates this educational activity for a maximum of 20.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Wilderness Medical Society and AdventureMed. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

Topics Include:

Patient assessment
Trauma
Medical problems
Infectious disease
Head, Ear, Eye, Nose, Throat, Skin
Animal & insect Bites
Musculoskeletal injuries

Wound management
Water treatment
Hyperthermia, hypothermia & frostbite
Medical kits
Lightning
HAPE/HACE
Dive Medicine



Continuing Education Credits

The Wilderness Medical Society designates this educational activity for a maximum of 20.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This activity is accredited through the Wilderness Medical Society.

American College of Emergency Physicians: Approved by the American College of Emergency Physicians for a maximum of 20.50 hour(s) of ACEP Category I credit.

American Academy of Family Physicians: Approved by the American Academy of Family Physicians for a maximum of 20.5 hours of AAFP Category 1 credit.

PHYSICIAN ASSISTANTS: The American Association of Physician Assistants accepts Category 1 CME approval from organizations accredited by the ACCME.

OTHER PROFESSIONALS: Check with your governing entity to determine usefulness of *AMA PRA Category 1 Credits*[™].

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***YOU WILL RECEIVE YOUR CME CERTIFICATE FROM THE WILDERNESS MEDICAL SOCIETY
APPROXIMATELY 4 – 6 WEEKS AFTER THE COMPLETION OF THE COURSE***



CONTRIBUTING FACULTY

<p>Elizabeth L. Phillips, MD, FACEP, FAWM Emergency Medicine Denver, Colorado</p>	<p>O. Lee Burnett III, MD, FAWM President, Alabama Wilderness Medical Association Assistant Professor Department of Radiation Oncology University of Alabama at Birmingham</p>
<p>Walter Schradling, MD, FACEP, FAWM Associate Professor of Emergency Medicine Director, Office of Wilderness Medicine University of Alabama at Birmingham</p>	<p>David Della-Giustina, MD, FACEP, FAWM Chief of Education and Residency Program Director Yale-New Haven Emergency Medicine Residency Yale University School of Medicine New Haven, CT</p>
<p>Richard Ingebretsen, MD, PhD Professor, Department of Medical Physics Adjunct Instructor, Department of Medicine University of Utah Salt Lake City, Utah</p>	<p>Stephen Powell, MD EMS and Disaster Fellow Wake Forest School of Medicine Winston-Salem, North Carolina</p>
<p>Andrew Sawyer, MD Emergency Medicine Dothan, Alabama</p>	<p>Andrew Sawyer, MD Emergency Medicine Dothan, Alabama</p>
<p>Andrew Sawyer, MD Emergency Medicine Dothan, Alabama</p>	<p>NOTE: Listed faculty may not lecture at every conference. A final schedule will be provided prior to each.</p> <p>All AWLS faculty have signed disclosure statements indicating that they have no relevant financial relationships with any course sponsors.</p>



Onsite Sign-in

There will be onsite sign in for the course on Friday afternoon from 11:30 am to 12:30 pm at the Treetop Room (the main office area) at Ruffner Mountain (map <http://ruffnermountain.org/about/directions>). You will receive your course materials at that time. Sign-in is required so that we have an accurate record of your attendance for CME credits.

Course Materials

Prior to the course, the textbook is available at the awls.org website as a digital download. You will be emailed a registration confirmation with the password to access the download. **You will receive a hard copy of the AWLS textbook at the time you sign in on site for the course.** A printed or e-reader version of the textbook is also available for purchase from our publisher, Amazon.com, if you would like a copy of the text shipped to you in advance of the course.

About Ruffner Mountain & Birmingham, AL

Ruffner Mountain Nature Preserve is a 1,038-acre nature preserve located in Birmingham, Alabama. It is one of the largest privately held 501(c)(3) urban nature preserves in the United States. Its mission is to protect and manage Ruffner Mountain as an urban sanctuary for native species of plants and animals while cultivating an appreciation of the natural world among the city's residents and visitors. More than 12 miles of foot trails, ranging from sedate to rugged, provide the public with internal access for trail running, hiking, and observation of nature. When mined for iron ore from the late 19th century into the 1950s, the mountain yielded up to 200 tons of raw daily destined for nearby Sloss Furnaces; now, the mountain serves as an urban refuge for nature and all who visit it.

The course will be conducted in the Treehouse Room (located within the visitors' center).

<http://ruffnermountain.org/explore/>

The largest city in Alabama, Birmingham has 212,000 residents within the city limits and 1,130,000 within the metropolitan area. Due to the fortuitous presence of iron, coal, and limestone within the area's mountains, Birmingham was founded in 1871 as a steel-making center; its subsequent explosive growth transforming it into one of the South's leading cities almost overnight is the basis of its nickname, "the Magic City." Birmingham now is a medical and financial center also known for both culture and heritage; offerings include beautiful golf courses, a year-round calendar of entertainment, fabulous shopping and world-class dining.

<http://birminghamal.org/>

<http://alabama.travel/places-to-go/birmingham>

Lodging

There are no camping facilities within the Ruffner Mountain preserve. There are many hotels in the Birmingham area (<http://alabama.travel/places-to-go/birmingham/accommodations>), and the downtown area is convenient to access the interstate to travel to Ruffner.

Questions regarding the course, travel, and lodging should be addressed to the Alabama Wilderness Medical Association at alabamawildernessmedicine@gmail.com



Transportation

Directions from Interstate I-59, North or South bound

- Take Exit #132 at First Avenue North
- At the end of the exit ramp, bear to the right onto 1st Ave.
- Go to the first traffic light at 83rd Street and take a right.
- Turn right on 4th Ave South.
- Turn left at 81st Street South.
- Ruffner is located at the top of the hill at the end of the street.

For a map with driving directions, visit MapQuest.com.

Approximate travel times to Ruffner Mountain Nature Preserve

Birmingham Airport (BHM)	10 minutes	Nashville, Tennessee	3.0 hours
Chattanooga, Tennessee	2.25 hours	Jackson, Mississippi	3.75 hours
Atlanta Airport (ATL)	2.50 hours	Mobile, Alabama	4.0 hours

Clothing and Other Equipment

The average temperature for this area in October ranges from an average low of 53°F to an average high of 75°F. The course will be held rain or shine, so participants should bring raingear and warmer layers to account for unexpected cold or precipitation. Hats and sunscreen are recommended for sun protection. All equipment and supplies for the hands-on teaching sessions will be provided.

Registration

Register online at www.awls.org or complete the form below and fax to 801-606-3101, email to info@awls.org or mail it to AdventureMed at 637B South Broadway, Suite 339, Boulder, CO 80305.

Doctoral course fee:	\$695.00
Non-doctoral course fee:	\$495.00
Resident/Student course fee	\$495.00

Course includes: 20.5 CME credits, course and materials; Friday: boxed supper; Saturday: light breakfast, lunch; Sunday: light breakfast, lunch

Excluded: transportation, lodging

Cancellation Policy: No refunds will be given within 30 days of the date of the start of the conference. If you need to cancel within the 30-day period, we will apply your payment to a future AWLS course of your choosing to be used within two years of the date of the cancelled course. *All refunds are subject to a 10% processing fee.*

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RUFFNER MOUNTAIN, BIRMINGHAM, AL CONFERENCE – OCTOBER 27-29, 2017

Registration Information- Please enter conference attendee’s information below. Please complete all fields including the type of registration. Please contact us at 940-444-4001 if you have any questions regarding your registration.

First name:		Last Name:		
Street address:		Phone:	Mobile Phone:	
City:	State/Province	Country:	Postal/Zip Code:	Email:
Comments/Special Requests:				

Circle the Type of Registration

Type	Description	Price
A	Physician	\$695
B	Nurse/PA/EMT/Paramedic	\$495
C	Student/Resident	\$495

CME: 20.5 hours of Category One Physician CME available.

Payment Method Credit Card Check
Credit Card Type Visa Master Card Amex
Card Number: _____ **Expiration Date:** _____ **Customer Code:** _____

You may pay by credit card or check. Fax your credit card application to 801-606-3101. You will receive confirmation within ten days. Make checks payable to **AdventureMed, LLC** and remit to the address listed below.

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